

The Drugstore Acne Fighters Dermatologists Swear By

Treating acne isn't always friendly to your wallet: Most of the intensive treatments dermatologists suggest aren't exactly cheap. But every now and then, the pros let us in on more-affordable acne fighters that they love. Here, we've culled the best drugstore products dermatologists recommend for treating every kind of acne.

Benzac Complete Acne Solution Regimen Kit. **"I like this kit because it has East Indian sandalwood oil in the formula, and it's soothing and antibacterial."** —Jeannette Graf, a clinical assistant professor of dermatology at Mount Sinai School of Medicine in New York City

Neutrogena Oil-Free Acne Wash. "This cleanser is great for mild acne. It has salicylic acid to clean pores and remove the excess oil that can lead to acne. It's also a gentle exfoliant that can help the skin regain its luminosity." —Leyda Bowes, a dermatologist in Miami

Bioré Pore Unclogging Scrub. "I have patients use this twice daily to get rid of dead skin cells and oil that clogs pores and causes blackheads." —Jason Emer, a cosmetic dermatologist and aesthetic surgeon in Mountain View, California

Neutrogena Rapid Clear Stubborn Acne Leave On Mask. "It's a full-face treatment to clear the pimples you have and prevent others you don't see yet." —Joshua Zeichner, an assistant professor in the dermatology department at Mount Sinai Medical Center in New York City

PanOxyl Acne Cleansing Bar. "This is good for body acne. Most people prefer to wash their body with a bar, also." —Jeffrey S. Dover, a former president of the American Society of Dermatologic Surgery Neutrogena Body Clear Body Spray. "This is amazing for body acne. After a workout or right after a shower, this penetrates into oily skin on the body." —Emer

Avène Cleanance Expert Acne Cream. "This cream is anti-inflammatory and has ingredients that are alternatives to salicylic acid and glycolic acid to help make the formula nonirritating." —Graf

Aveeno Positively Radiant Daily Moisturizer SPF 30. "For any patient who wants to avoid dark spots from their acne, this sunblock is critical." —Jeanine Downie, a dermatologist in Montclair, New Jersey Neutrogena Rapid Clear 2-in-1 Fight & Fade Gel. "This one is my go-to spot treatment for active acne lesions and post-acne marks." — Vivian Bucay, a dermatologist and the founder of Bucay Center for Dermatology and Aesthetics in San Antonio

Clean & Clear Advantage Acne Control Kit. "This contains both benzoyl peroxide and a moisturizer. Water content and hydration is a separate issue from oil and acne, plus some acne treatments can dry you out, so you need to make sure you keep the skin hydrated." —Zeichner

Source: http://www.allure.com/beauty-trends/blogs/daily-beauty-reporter/2016/01/best-acne-drugstore-products.html

January 18th 2016

